

Information, Planning & Support

DIAS – Disability Information Advisory Service

Free disability information and advice for tāngata whaikaha, whānau, caregivers, providers and the public. Contact us in person, by phone, email or through our website.

NASC and Whānau Transition Facilitation

Support for people aged 0–65 who require long-term disability support. We also help young people plan their transition from school and develop pathways towards their vision of a great life.

Ngā Ratonga Tautoko – Attendance Service

Wrap-around support helping rangatahi overcome barriers and reconnect with education. Available across Whangārei North and South and Kaipara North and South.

Whānau Transition Planning

For people with MSD Very High Needs funding, our facilitators can help develop a holistic plan that reflects the person's strengths, aspirations, support needs and goals.

Community & Practical Services

LYNKZ Community Participation

A Whangārei-based programme helping people aged 16–64 develop life skills, increase confidence and participate in their community. Operates Monday to Thursday.

LYNKZ Outreach

Community-based LYNKZ programmes are available in the Hokianga through Hauora Hokianga and in Kaitiāia through The Good Life Project.

LYNKZ+ and Tupu Tahi

Inclusive opportunities for tāngata whaikaha to build confidence, independence, connections and practical life skills in a supportive environment.

Equipment Plus

Rehabilitation, aged-care and disability equipment for sale or hire, supported by knowledgeable advice. Northland-wide and nationwide delivery is available.

Whangārei Budgeting Service

Free, one-to-one support helping people manage their finances independently and create a more secure future for themselves and their whānau.

Supporting Te Tai Tokerau

NorthAble helps people access information, make plans, develop independence and participate meaningfully in their communities.



Our locations

Whangārei office
40 John Street, Whangārei

Dargaville office
22 Normanby Street, Dargaville

Equipment Plus
73 John Street
Whangārei



Contact us

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Websites

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