



Muscular Dystrophy
New Zealand

Our vision is to promote and enhance the well-being of people affected by neuromuscular conditions, fostering an inclusive and supportive community

About Muscular Dystrophy New Zealand

Muscular Dystrophy Northern (MDN) is a small not-for-profit incorporated society that provides a broad range of services designed to support, advocate for, and inform people living with Muscular Dystrophy and other Neuromuscular Conditions, their families, and carers throughout the northern region from Kaitiaki to Tāmaki.

MDN is a member-led organisation established by New Zealanders with lived experience of Neuromuscular Conditions and those who support them. The national organisation has operated since 1959, with the Northern Branch becoming an Incorporated Society in 1988 to better meet the needs of local members.

MDN supports people living with more than 60 different Neuromuscular Conditions. These conditions are often inherited, affect people of all ages, genders, and ethnicities, and commonly impact multiple members within a family. While treatment options remain limited in New Zealand, MDN is committed to ensuring individuals and whānau have access to support, information, and advocacy.

Services Provided

Free Field Worker Service Includes:

- Home-based visits
- Zoom meetings
- Support following a new diagnosis
- Referrals to appropriate agencies and services
- Advocacy and ongoing support
- Liaison with health and community services to coordinate needs
- Information and education on neuromuscular conditions
- Facilitating social connection with others living similar experiences
- Attendance at multidisciplinary clinics
- Annual Family Camps
- Regular newsletters and member communications

Muscular Dystrophy Association New Zealand (National)

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