

Services Provided

Concussion and brain injury are really common, and the right knowledge and support lead to better outcomes. At Headway, we connect people impacted by concussion and brain injury with information, education and support.

Headway NZ works with the strong network of organisations already serving Northland communities.

Information and advice: trusted advice, answers to questions, and connections to the right support in local communities, so no one navigates recovery alone.

This free service is here for individuals and whānau in Northland impacted by concussion and brain injury, so you don't have to navigate the journey alone.

Connect Groups

Connect groups: volunteer led monthly peer gatherings that support wellbeing, participation, and belonging.

To find out more or register a client or community member, check out our [website](#).

- **Dargaville Connect Group**
2nd Thursday of the month
10am – 11.30am

- **Kerikeri Connect Group**
1st Thursday of the month
10am – 11.30am

- **Kaitia Connect Group**
3rd Thursday of the month
10am – 11.30am

- **Whangarei Connect Group**
1st Thursday of the month
10am – 11.30am

Learning

[Learning modules](#) are on our website.

These are informed by the latest research and lived experience to help people adapt and live well after concussion or brain injury.

 **Email Address**
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 **Contact Number**
09 520 4807

 **Website Address**
www.headway.org.nz