



Mid to Far North LYNKZ Outreach Q4 Programme October - December 2021



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Kia Ora

We are really pleased to bring to you our Quarter 4 programme for 2021.

LYNKZ Outreach is excited to be coming into our warmer part of the year and are looking forward to spending more time outside.

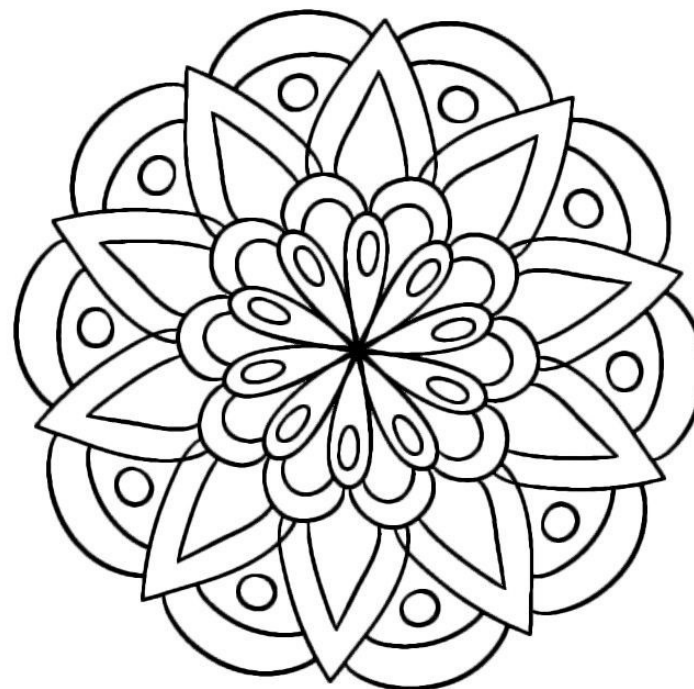
This year we have enjoyed meeting new whanau and support workers and would like to thank you for all your awesome encouragement and support over the last few months.

We have some wonderful activities planned and we are fortunate to be able to enjoy so many fabulous opportunities in our beautiful Far North of

Aotearoa.

Word search

P	I	N	O	C	C	H	I	O	E	R	I	MICKEY MOUSE
M	I	N	N	I	E	M	O	U	S	E	P	MINNIE MOUSE
T	D	I	D	A	I	S	Y	D	U	C	K	PLUTO
D	O	B	O	L	T	D	W	O	O	D	Y	DONALD DUCK
A	N	A	B	U	G	C	R	C	C	B	C	GOOFY
R	A	O	O	O	O	N	S	H	E	O	U	BAMBI
I	L	I	M	D	O	L	O	I	A	T	A	THUMPER
E	D	E	E	U	F	B	O	P	E	U	D	PINOCCHIO
L	D	L	N	M	Y	A	L	I	D	L	E	BALOO
E	U	L	H	B	P	M	A	Y	A	P	E	ABU
L	C	A	O	O	U	B	B	C	L	D	I	GENIE
I	K	W	P	R	C	I	G	D	E	I	N	ARIEL
Y	M	I	C	K	E	Y	M	O	U	S	E	BOLT
A	W	T	H	U	M	P	E	R	G	M	G	DAISY DUCK



colour in

Meet our incredible Whangarei LYNKZ whanau, who have been operating for over 10 years.



Oct 4th - Oct 7th

Monday Kerikeri 9am—2pm	Tuesday Kaikohe 9am—2pm	Wednesday Opononi 9.30am—2pm	Thursday Kaitaia 10am—2pm
Cooking <i>(Half Day On-Site)</i> 10am -12pm Pancakes  <p>Please see LYNKZ staff if you have allergies</p> <p>Cost:\$5</p>	Cooking <i>(Half Day On-Site)</i> 10am -12pm Pumpkin Soup & Scones  <p>Please see LYNKZ staff if you have allergies</p> <p>Cost:\$5</p>	Cooking <i>(Half Day On-Site)</i> 10am -12pm Pumpkin Soup & Scones  <p>Please see LYNKZ staff if you have allergies</p> <p>Cost:\$5</p>	Cooking <i>(Half Day On-Site)</i> 10.30am -12.30pm Pancakes  <p>Please see LYNKZ staff if you have allergies</p> <p>Cost:\$5</p>
Rainbow Falls <i>(Half Day Off-Site)</i> 12.30pm - 2pm  <p>Bring water, appropriate footwear</p>	Rawiri Taiwhanga Park <i>(Half Day Off-Site)</i> 12.30pm - 2pm  <p>Bring water, appropriate footwear</p>	Opononi Beach walk <i>(Half Day Off-Site)</i> 12.30pm - 2pm  <p>Bring water, appropriate footwear & Sunscreen</p>	Ahipara Beach Walk <i>(Half Day Off-Site)</i> 1pm - 2pm  <p>Bring water, appropriate footwear & Sunscreen</p>

Oct 11th - Oct 14th

Monday Kerikeri 9am—2pm	Tuesday Kaikohe 9am—2pm	Wednesday Opononi 9.30am—2pm	Thursday Kaitaia 10am—2pm
Kawakawa Pools <i>(Full Day Off-Site)</i> 10am - 2pm 	Walking Puketi Forest <i>(Half Day Off-Site)</i> 9.30am - 12pm 	Fishing Rawene Wharf <i>(Full Day Off-Site)</i> 10am - 2pm 	Ahipara & Shipwreck Bay <i>(Full Day Off-Site)</i> 10.30am - 2pm 
	Bring water & appropriate footwear		
Bring water, lunch, appropriate footwear, warm clothing swimwear & towel Cost: \$13	Games Puketi Campground <i>(Half Day Off-Site)</i> 12.15pm - 2pm Bring lunch, warm clothes & appropriate footwear Cost:\$10	Bring water, lunch appropriate footwear , warm clothing & fishing rod Cost:\$5	Beach games and Lunch Bring water, appropriate footwear , warm clothing & Sunscreen Cost:\$5

IMPORTANT INFORMATION:

Split activities in the programme marked with an asterisk (*). Or when available. Alternative activities will be offered for those who remain on site.

If there is an activity cost that Support Workers are required to pay, this is to be organised with clients/families. LYNKZ is not responsible for paying any activity costs for Support staff. It will be clearly noted on the programme as per person when everyone is required to pay.

OUTINGS: Due to a lot of outings requiring group payment, could clients please bring cash to pay for the trips. This ensures all costs are paid at the time. Payment is required on the day—Unless specific

Information on external outings/one off trips. Information and quarter Consent Forms will be given out for every external outing that involves medium level risk or higher. Any further information and information regarding low level activities can be discussed at the client meeting and notes will be made on the board at LYNKZ. Alternatively feel free to discuss any questions or concerns with either of the LYNKZ facilitators.

If you are running late for an activity please notify staff at least 1 hour before the event. Please ensure you are at LYNKZ 15mins before departure for transport allocations. Transport will be prioritised to independent clients.

Client / Family / Support Worker Feedback. Feedback on any aspect of the LYNKZ programme/service is warmly invited. Simply place any written feedback at LYNKZ or NorthAble reception

Please Note:

- If there is an external trip/activity planned on the weekly programme, the LYNKZ premises will be closed.
- If you do not wish to attend the planned activity, then you will need to make other arrangements. We apologize for any inconvenience.
- If weather conditions prevent an external trip/activity from taking place, the programme will be based at the LYNKZ building. We will post any updates and changes on our LYNKZ Facebook page.

Dec 6th - Dec 9th

Monday Kerikeri 9am—2pm	Tuesday Kaikohe 9am—2pm	Wednesday Opononi 9.30am—2pm	Thursday Kaitaia 10am—2pm
Making Gifts <i>(Half Day On-Site)</i> 10am - 12pm  Cost:\$5	Making Gifts <i>(Half Day On-Site)</i> 10am - 12pm  Cost:\$5	Making Gifts <i>(Half Day On-Site)</i> 10am - 12pm  Cost:\$5	Making Gifts <i>(Half Day On-Site)</i> 10.30am - 12pm  Cost:\$5
Xmas Party Shared Lunch <i>(Half Day On-Site)</i> 12.30pm - 2pm  Bring a plate for shared lunch	Xmas Party Shared Lunch <i>(Half Day On-Site)</i> 12.30pm - 2pm  Bring a plate for shared lunch	Xmas Party Shared Lunch <i>(Half Day On-Site)</i> 12.30pm - 2pm  Bring a plate for shared lunch	Xmas Party Shared Lunch <i>(Half Day On-Site)</i> 12.30pm - 2pm  Bring a plate for shared lunch

Oct 18th - Oct 21nd

Monday Kerikeri 9am - 2pm	Tuesday Kaikohe 9am—2pm	Wednesday Opononi 9.30am—2pm	Thursday Kaitaia 10am—2pm
Walking Puketi Forest <i>(Half Day Off-Site)</i> 9.30am - 12pm  Bring water & appropriate footwear	Paihia & Haruru Falls <i>(Full day Off-Site)</i> 10am - 2pm 	Koutu Boulders Walk <i>(Full day Off-Site)</i> 10am - 2pm 	Fishing Pukenui Wharf <i>(Full day Off-Site)</i> 10.30am - 2pm 
Games Puketi Campground <i>(Half Day Off-Site)</i> 12.15pm - 2pm  Bring lunch water appropriate footwear & Sunscreen	 Bring water, picnic lunch, appropriate footwear, warm clothing Cost:\$15	 Bring water, lunch, appropriate footwear, warm clothing swimwear, towel & Sunscreen Cost:\$5	 Bring water, lunch appropriate footwear , warm clothing, fishing rod &Sunscreen Cost:\$15

Oct 25th - Oct 28th

Monday Kerikeri 9am—2pm	Tuesday Kaikohe 9am—2pm	Wednesday Opononi 9.30am—2pm	Thursday Kaitaia 10am—2pm
CLOSED Labour Weekend	Waitangi Beach Birthday Lunches & Swimming <i>(Full Day Off-Site)</i> 10am - 2pm   Bring water, lunch, appropriate footwear, warm clothing swimwear & towel Cost: \$5	Opononi Beach Birthdays Lunches & Beach games <i>(Full Day Off-Site)</i> 10am - 2pm    Bring water, lunch, appropriate footwear, warm clothing Cost: \$5	Ahipara Beach Birthdays Lunches & Swimming <i>(Full Day Off-Site)</i> 10.30am - 2pm   Bring water, lunch, appropriate footwear, warm clothing swimwear & towel Cost: \$5

Nov 29th - Dec 2nd

Monday Kerikeri 9am—2pm	Tuesday Kaikohe 9am—2pm	Wednesday Opononi 9.30am—2pm	Thursday Kaitaia 10am—2pm
LYNKZ CLOSED Camp	Cooking <i>(Half Day On-Site)</i> 10am - 12pm Xmas mince pies  Please see LYNKZ staff if you have allergies Cost:\$5	Cooking <i>(Half Day On-Site)</i> 10am - 12pm Xmas mince pies  Please see LYNKZ staff if you have allergies Cost:\$5	Cooking <i>(Half Day On-Site)</i> 10am - 12pm Xmas mince pies  Please see LYNKZ staff if you have allergies Cost:\$5
	Christmas Decorations <i>(Half Day On-Site)</i> 12.30pm - 2pm 	Christmas Decorations <i>(Half Day On-Site)</i> 12.30pm - 2pm 	Christmas Decorations <i>(Half Day On-Site)</i> 1pm - 2pm 

Nov 22nd - Nov 25th

Monday Kerikeri 9am—2pm	Tuesday Kaikohe 9am—4pm	Wednesday Opononi 9.30am—4pm	Thursday Kaitaia 10am—2pm
Birthday Cards <i>(Half Day On-Site)</i> 10am - 11.30am 	Camp TBC Russel & Paihia <i>(Full Day Off-Site)</i> 9.30am - 4pm   	Coopers Beach Christian Camp <i>(Full Day Off-Site)</i> 9.30am - 4pm  	TBC Movie <i>(Half Day On-site)</i> 10.30am—12pm 
Scenic Walk & Picnic lunch Stone Store <i>(Half Day Off-Site)</i> 12pm - 1.30pm  Bring water a shared plate for lunch, appropriate footwear & warm clothing	Cost: \$40 Bring water a shared plate for lunch, appropriate footwear & warm clothing	Cost: \$55 Includes Confidence Course Kayaks Lunch & Afternoon Tea Games on-site Beach Transport	Shared lunch <i>(Half Day On-Site)</i> 12.30pm - 2pm  Bring a plate

Nov 01 - Nov 4th

Monday Kerikeri 9am—2pm	Tuesday Kaikohe 9am—2pm	Wednesday Opononi 9.30am—2pm	Thursday Kaitaia 10am—2pm
Cooking <i>(Half Day On-Site)</i> 10am - 12pm Veggie Salad  Please see LYNKZ staff if you have allergies Cost:\$5	Cooking <i>(Half Day On-Site)</i> 10am - 12pm Veggie Salad  Please see LYNKZ staff if you have allergies Cost:\$5	Cooking <i>(Half Day On-Site)</i> 10am - 12pm Bacon & Egg Pie  Please see LYNKZ staff if you have allergies Cost:\$5	Cooking <i>(Half Day On-Site)</i> 10.30am - 12.30pm Bacon & Egg Pie  Please see LYNKZ staff if you have allergies Cost:\$5
Arts n Crafts <i>(Half Day On-Site)</i> 12.30pm - 2pm Recycled Art 	Arts n Crafts <i>(Half Day On-Site)</i> 12.30pm - 2pm Recycled Art 	Arts n Crafts <i>(Half Day On-Site)</i> 12.30pm - 2pm Recycled Art 	Arts n Crafts <i>(Half Day On-Site)</i> 1pm - 2pm Recycled Art 

Nov 8th - Nov 11th

Monday Kerikeri 9am—2pm	Tuesday Kaikohe 9am—2pm	Wednesday Opononi 9.30am—2pm	Thursday Kaitaia 10am—2pm
Wharepuke Sculpture & Gardens <i>(Full Day Off-Site)</i> 10am - 2pm   Optional Bring lunch or Lunch can be purchased at garden cafe Bring water, appropriate footwear Approx \$:15	Caro's Petting Zoo TBC <i>(Full Day Off-Site)</i> 10.30am - 2pm Joined by LYNKZ Whangarei    Bring water, lunch & appropriate footwear Cost:\$ TBC	Horeke & Mangungu House <i>(Full Day Off-site)</i> 10am - 2pm   Bring water, lunch appropriate footwear Cost:\$5	Mangonui Heritage Walk & Fishing <i>(Full Day Off-Site)</i> 10.30am - 2pm    Bring water, lunch appropriate footwear , warm clothing & fishing rod Cost:\$10

Nov 15th - Nov 18th

Monday Kerikeri 9am - 2pm	Tuesday Kaikohe 9am - 2pm	Wednesday Opononi 9.30am - 2pm	Thursday Kaitaia 10am - 2pm
Matauri Bay <i>(Full Day Off-Site)</i> 10.15am - 2pm Beach Games & Swimming   Bring water, lunch, appropriate footwear, warm clothing swimwear & towel Cost:\$5	Horeke & Mangungu House <i>(Full Day Off - site)</i> 10am - 2pm   Bring water, lunch, appropriate footwear, warm clothing Cost:\$10	Trounson Kauri Park Walk <i>(Full Day Off-Site)</i> 10am - 2pm   Bring water, lunch, appropriate footwear, warm clothing Cost:\$10	Matai Bay <i>(Full Day Off-Site)</i> 10.30am - 2pm Beach Games   Bring water, lunch, appropriate footwear warm clothes Optional: Bring swimwear and towel Cost:\$10