

NZ Paralympic Team competition schedule

Date	Time (JST)		Time (NZST)		Para sport	Venue	Event	Para athlete
	Start	Finish	Start	Finish				
Wednesday, 25 August 2021	9:00	11:45	12:00	14:45	Swimming	Tokyo Aquatics Centre	Men's 400m Freestyle - S9 Heats	Jesse Reynolds
	10:00	15:25	13:00	18:25	Cycling - track	Izu Velodrome	Women's C4 3000m Individual Pursuit Qualifying	Anna Taylor
	10:00	15:25	13:00	18:25	Cycling - track	Izu Velodrome	Women's C4 3000m Individual Pursuit Final	Anna Taylor
	10:00	15:25	13:00	18:25	Cycling - track	Izu Velodrome	Women's C1-3 3000m Individual Pursuit Qualifying	Sarah Ellington
	10:00	15:25	13:00	18:25	Cycling - track	Izu Velodrome	Women's C1-3 3000m Individual Pursuit Final	Sarah Ellington
	10:00	15:25	13:00	18:25	Cycling - track	Izu Velodrome	Women's C5 3000m Individual Pursuit Qualifying	Nicole Murray
	10:00	15:25	13:00	18:25	Cycling - track	Izu Velodrome	Women's C5 3000m Individual Pursuit Final	Nicole Murray
	11:30	15:45	14:30	18:45	Wheelchair rugby	Yoyogi National Stadium	Mixed - Pool Phase Group B, United States vs New Zealand	Wheel Blacks
	17:00	21:05	20:00	0:05	Swimming	Tokyo Aquatics Centre	Men's 400m Freestyle - S9 Final	Jesse Reynolds
Thursday, 26 August 2021	9:00	11:25	12:00	14:25	Swimming	Tokyo Aquatics Centre	Women's 100m Breaststroke - SB8 Heats	Sophie Pascoe
	17:00	20:35	20:00	23:35	Swimming	Tokyo Aquatics Centre	Women's 100m Breaststroke - SB8 Final	Sophie Pascoe
	17:30	21:45	20:30	0:45	Wheelchair rugby	Yoyogi National Stadium	Mixed - Pool Phase Group B, Great Britain vs New Zealand	Wheel Blacks
Friday, 27 August 2021	9:00	11:10	12:00	14:10	Swimming	Tokyo Aquatics Centre	Women's 100m Backstroke - S8 Heats	Tupou Neiufi
	10:00	16:30	13:00	19:30	Cycling - track	Izu Velodrome	Women's C4-5 500m Time Trial Final	Anna Taylor
	10:00	16:30	13:00	19:30	Cycling - track	Izu Velodrome	Women's C4-5 500m Time Trial Final	Nicole Murray
	17:00	20:30	20:00	23:30	Swimming	Tokyo Aquatics Centre	Women's 100m Backstroke - S8 Final	Tupou Neiufi
	17:30	21:45	20:30	0:45	Wheelchair rugby	Yoyogi National Stadium	Mixed - Pool Phase Group B, New Zealand vs Canada	Wheel Blacks
	19:00	22:00	22:00	1:00	Athletics	Olympic Stadium	Men's Shot Put - F37 Final	Ben Tuimaseve
Saturday, 28 August 2021	11:30	16:00	14:30	19:00	Wheelchair rugby	Yoyogi National Stadium	Mixed - 7th-8th classification	Wheel Blacks
	11:30	16:00	14:30	19:00	Wheelchair rugby	Yoyogi National Stadium	Mixed - Semifinal	Wheel Blacks
	17:30	21:45	20:30	0:45	Wheelchair rugby	Yoyogi National Stadium	Mixed - Semifinal	Wheel Blacks
	17:30	21:45	20:30	0:45	Wheelchair rugby	Yoyogi National Stadium	Mixed - 5th-6th classification	Wheel Blacks
	19:00	22:00	22:00	1:00	Athletics	Olympic Stadium	Women's Shot Put - F37 Final	Lisa Adams
	19:00	22:00	22:00	1:00	Athletics	Olympic Stadium	Women's 200m - T36 Round 1 Heats	Danielle Aitchison
	19:00	22:00	22:00	1:00	Athletics	Olympic Stadium	Women's Shot Put - F37 Final	Caitlin Dore
Sunday, 29 August 2021	9:30	12:50	12:30	15:50	Athletics	Olympic Stadium	Women's 200m - T36 Final	Danielle Aitchison
	9:30	12:50	12:30	15:50	Athletics	Olympic Stadium	Women's 200m - T36 Victory Ceremony	Danielle Aitchison
	14:00	16:00	17:00	19:00	Wheelchair rugby	Yoyogi National Stadium	Mixed - Bronze Medal	Wheel Blacks
	18:00	20:15	21:00	23:15	Wheelchair rugby	Yoyogi National Stadium	Mixed - Gold Medal	Wheel Blacks
	18:00	20:15	21:00	23:15	Wheelchair rugby	Yoyogi National Stadium	Mixed - Victory Ceremony	Wheel Blacks
Monday, 30 August 2021	8:30	16:45	11:30	19:45	Shooting	Asaka Shooting Range	R4 - Mixed 10m Air Rifle Standing SH2 Qualification	Michael Johnson
	8:30	16:45	11:30	19:45	Shooting	Asaka Shooting Range	R4 - Mixed 10m Air Rifle Standing SH2 Finals	Michael Johnson
	9:00	11:25	12:00	14:25	Swimming	Tokyo Aquatics Centre	Men's 100m Backstroke - S9 Heats	Jesse Reynolds
	9:00	11:25	12:00	14:25	Swimming	Tokyo Aquatics Centre	Women's 100m Backstroke - S9 Heats	Sophie Pascoe
	17:00	20:50	20:00	23:50	Swimming	Tokyo Aquatics Centre	Men's 100m Backstroke - S9 Final	Jesse Reynolds
	17:00	20:50	20:00	23:50	Swimming	Tokyo Aquatics Centre	Women's 100m Backstroke - S9 Final	Sophie Pascoe
	19:00	22:00	22:00	1:00	Athletics	Olympic Stadium	Men's Long Jump - T36 Final	William Stedman
	Tuesday, 31 August 2021	8:00	17:15	11:00	20:15	Cycling - road	Fuji International Speedway	Women's C4 Time Trial
8:00		17:15	11:00	20:15	Cycling - road	Fuji International Speedway	Women's C1-3 Time Trial	Sarah Ellington
8:00		17:15	11:00	20:15	Cycling - road	Fuji International Speedway	Women's C5 Time Trial	Nicole Murray
8:00		17:15	11:00	20:15	Cycling - road	Fuji International Speedway	Women's T1-2 Time Trial	Eltje Malzbender
8:00		17:15	11:00	20:15	Cycling - road	Fuji International Speedway	Men's T1-2 Time Trial	Stephen Hills
8:00		17:15	11:00	20:15	Cycling - road	Fuji International Speedway	Men's H2 Time Trial	Rory Mead
9:00		11:30	12:00	14:30	Swimming	Tokyo Aquatics Centre	Women's 100m Freestyle - S9 Heats	Sophie Pascoe
9:30		12:45	12:30	15:45	Athletics	Olympic Stadium	Men's 400m - T36 Final	William Stedman

	9:30 - 12:45	12:30 - 15:45	Athletics	Olympic Stadium	Women's 200m - T64 Round 1 Heats	Anna Steven
	17:00 - 20:35	20:00 - 23:35	Swimming	Tokyo Aquatics Centre	Women's 100m Freestyle - S9 Final	Sophie Pascoe
	19:00 - 22:05	22:00 - 1:05	Athletics	Olympic Stadium	Women's 200m - T64 Final	Anna Steven
Wednesday, 1 September 2021	9:00 - 11:20	12:00 - 14:20	Swimming	Tokyo Aquatics Centre	Men's 200m Individual Medley - SM9 Heats	Jesse Reynolds
	9:00 - 11:20	12:00 - 14:20	Swimming	Tokyo Aquatics Centre	Women's 100m Breaststroke - SB7 Heats	Nikita Howarth
	9:00 - 11:20	12:00 - 14:20	Swimming	Tokyo Aquatics Centre	Women's 50m Freestyle - S8 Heats	Tupou Neiufi
	9:00 - 11:20	12:00 - 14:20	Swimming	Tokyo Aquatics Centre	Women's 200m Individual Medley - SM9 Heats	Sophie Pascoe
	9:30 - 17:05	12:30 - 20:05	Cycling - road	Fuji International Speedway	Men's H1-2 Road Race	Rory Mead
	9:30 - 12:40	12:30 - 15:40	Athletics	Olympic Stadium	Women's 100m - T36 Round 1 Heats	Danielle Aitchison
	9:30 - 14:45	12:30 - 17:45	Shooting	Asaka Shooting Range	R5 - Mixed 10m Air Rifle Prone SH2 Qualification	Michael Johnson
	9:30 - 14:45	12:30 - 17:45	Shooting	Asaka Shooting Range	R5 - Mixed 10m Air Rifle Prone SH2 Finals	Michael Johnson
	17:00 - 20:40	20:00 - 23:40	Swimming	Tokyo Aquatics Centre	Men's 200m Individual Medley - SM9 Final	Jesse Reynolds
	17:00 - 20:40	20:00 - 23:40	Swimming	Tokyo Aquatics Centre	Women's 100m Breaststroke - SB7 Final	Nikita Howarth
	17:00 - 20:40	20:00 - 23:40	Swimming	Tokyo Aquatics Centre	Women's 50m Freestyle - S8 Final	Tupou Neiufi
	17:00 - 20:40	20:00 - 23:40	Swimming	Tokyo Aquatics Centre	Women's 200m Individual Medley - SM9 Final	Sophie Pascoe
	19:00 - 21:50	22:00 - 0:50	Athletics	Olympic Stadium	Women's 100m - T36 Final	Danielle Aitchison
Thursday, 2 September 2021	9:00 - 11:35	12:00 - 14:35	Swimming	Tokyo Aquatics Centre	Men's 100m Butterfly - S9 Heats	Jesse Reynolds
	9:00 - 11:35	12:00 - 14:35	Swimming	Tokyo Aquatics Centre	Women's 100m Butterfly - S9 Heats	Sophie Pascoe
	9:30 - 16:45	12:30 - 19:45	Cycling - road	Fuji International Speedway	Women's C4-5 Road Race	Anna Taylor
	9:30 - 16:45	12:30 - 19:45	Cycling - road	Fuji International Speedway	Women's C4-5 Road Race	Nicole Murray
	9:30 - 16:45	12:30 - 19:45	Cycling - road	Fuji International Speedway	Women's T1-2 Road Race	Eltje Malzbender
	9:30 - 16:45	12:30 - 19:45	Cycling - road	Fuji International Speedway	Men's T1-2 Road Race	Stephen Hills
	9:30 - 11:40	12:30 - 14:40	Canoe	Sea Forest Waterway	Men's KL2 Heats	Scott Martlew
	9:30 - 11:40	12:30 - 14:40	Canoe	Sea Forest Waterway	Men's VL3 Heats	Scott Martlew
	9:30 - 11:40	12:30 - 14:40	Canoe	Sea Forest Waterway	Men's KL3 Heats	Corbin Hart
	17:00 - 20:50	20:00 - 23:50	Swimming	Tokyo Aquatics Centre	Men's 100m Butterfly - S9 Final	Jesse Reynolds
	17:00 - 20:50	20:00 - 23:50	Swimming	Tokyo Aquatics Centre	Women's 100m Butterfly - S9 Final	Sophie Pascoe
	19:00 - 22:05	22:00 - 1:05	Athletics	Olympic Stadium	Women's 100m - T64 Round 1 Heats	Anna Steven
Friday, 3 September 2021	9:00 - 11:35	12:00 - 14:35	Swimming	Tokyo Aquatics Centre	Women's 50m Butterfly - S7 Heats	Nikita Howarth
	9:30 - 16:45	12:30 - 19:45	Cycling - road	Fuji International Speedway	Women's C1-3 Road Race	Sarah Ellington
	9:30 - 12:55	12:30 - 15:55	Athletics	Olympic Stadium	Women's Long Jump - T47 Final	Anna Grimaldi
	9:30 - 12:10	12:30 - 15:10	Canoe	Sea Forest Waterway	Men's KL2 Semifinals	Scott Martlew
	9:30 - 12:10	12:30 - 15:10	Canoe	Sea Forest Waterway	Men's KL2 Finals	Scott Martlew
	9:30 - 12:10	12:30 - 15:10	Canoe	Sea Forest Waterway	Men's KL3 Semifinals	Corbin Hart
	9:30 - 12:10	12:30 - 15:10	Canoe	Sea Forest Waterway	Men's KL3 Final	Corbin Hart
	17:00 - 21:00	20:00 - 0:00	Swimming	Tokyo Aquatics Centre	Women's 50m Butterfly - S7 Final	Nikita Howarth
	19:00 - 21:55	22:00 - 0:55	Athletics	Olympic Stadium	Women's Javelin Throw - F46 Final	Holly Robinson
	19:00 - 21:55	22:00 - 0:55	Athletics	Olympic Stadium	Women's 100m - T64 Final	Anna Steven
Saturday, 4 September 2021	9:30 - 12:30	12:30 - 15:30	Canoe	Sea Forest Waterway	Men's VL3 Semifinals	Scott Martlew
	9:30 - 12:30	12:30 - 15:30	Canoe	Sea Forest Waterway	Men's VL3 Final	Scott Martlew
	9:30 - 15:45	12:30 - 18:45	Shooting	Asaka Shooting Range	R9 - Mixed 50m Rifle Prone SH2 Qualification	Michael Johnson
	9:30 - 15:45	12:30 - 18:45	Shooting	Asaka Shooting Range	R9 - Mixed 50m Rifle Prone SH2 Finals	Michael Johnson
	19:00 - 22:00	22:00 - 1:00	Athletics	Olympic Stadium	Women's Discus Throw - F38 Final	Lisa Adams

