

Tangata Whenua Community Voluntary Sector local activities and services during Lockdown LIST as held at 10am 3 April 2020

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In response to COVID-19 and the current Lockdown, some of the tangata whenua community voluntary sector roopu / groups in Whangarei and Taitokerau whanau are adapting as follows. This list will be updated as new information comes to hand. Services may be amended as we later return to Level 3 or 2.

*Notes re table: 'Status' means the roopu is open, closed, remote (works from remote sites), or limited (some physical service backing remote)
'Rohe / area' refers to the geographical area the service is working in, if currently relevant
'Issues' means main issues arising for people / whanau, and obstacles to roopu serving them*

Roopu (org)	Contact details	Status	Services /issues/ rohe / area
Jigsaw North	Tele 09 4388 852 Email contact@jigsawnorth.org.nz www.jigsawnorth.org.nz	Remote - Tele Vid	Children's team LPs, counsellors (no parenting programmes) Issues noted inc: trauma for children and family, family violence, anxiety, parenting concerns, practical issues for whanau, need to link to other services, advocacy. Obstacles - lack of housing, money, kai, resources. Family pressures being cooped up together
Ngati Hine HealthTrust	Tele 0800 737 573	Remote – Tele	Responding to whanau needing assistance or unsure what they need.
Literacy Aotearoa Whangarei	Tele 09 438 2511 Email smonroe.115@literacy.org.nz www.literacy.org.nz	Remote -Tele Email Video can be set up	Adult Education for upskilling Literacy, Numeracy & Digital Literacy
Anglican Care Centre	Email Whgcare@whgcare.org.nz Tele 09 437 6397, 027 750 0246	Remote – Email Tele	Counselling – by phone/skype Budgeting assistance – via phone or email
Whangarei Budgeting Service	Tele MoneyTalks 0800 345123, or txt 4029 email help@moneytalks.co.nz (if crisis, they will contact local support) Fcbk page: 'Whangarei Budgeting Service' PM (Messenger) via fcbk page	Remote – Tele Txt Email Fcbk / PM	Urgent budgeting advice

Salvation Army Bridge Addiction services	Tele 09 430 7500 Tele / text 021 881 825	Remote – Tele Text	Support to address alcohol &/or drug mis-use. 18+ years No group work currently
Plunket (Northland)	Tele 09 438 2508 027 6753318 Clinical Leader Sue Sandford-Hill 027 675 3407 Clinical leader Angie Blundell Email: northland.admin@plunket.org.nz	Remote – Tele Email Zoom Skype	Well child and parenting support Note: no face to face care at this time
Cancer Society Northland	Tele 021 438610 (local support person Jenni Moore) Auckland: Domain Lodge: 0800 226237 or 09 3080160	Remote - Tele	Community support nurses phoning patients. Personal support available (by phone, via Jenni Moore). Akld Domain Lodge partly available (restricted – ring first) No face to face care at this time (so no driver / volunteer / support groups)
Age Concern Whangarei	Tele 09 4388043 Email info@ageconcernwhg.org.nz Web: https://www.ageconcern.org.nz/ACNZPublic/About Us/Contact Us/ACNZ Public/Around NZ/Whangarei.aspx	Remote – Tele Email	Advice, information, support by phone or email
IHC	Tele 022 017 3285 (Jim) Email jim.callaghan@ihc.org.nz	Remote – Tele Skype	Family / Whanau liaison and support
CAB Citizens Advice Bureau Whangarei	Tele 09 438 8046 0800 367 222 Email cab.whangarei@gmail.com FB: CAB Whangarei www.cab.org.nz	Remote – Tele Email Facebook	Answerphone, email, fcbk PM enquiries Live chat on national website (cab.org.nz) Share of national 0800forcab calls

Volunteering Northland	Email info@volunteeringnorthland.nz Tele 0800-865268 / 09-9454984	Remote – Email Tele	Recruit police-checked volunteers to be on stand-by for limited errands, phone support. Some help for person / family without support
Multicultural Whangarei	09 430 0571 info@multiculturalwhangarei.co.nz	Remote – Tele Online platforms	Support & referrals. Online classes / activities. More to come as we progress
<i>Roopu below</i>	<i>relate to <u>disability sector.</u></i> <i><u>Collated by Tiaho Trust</u></i>		
Alzheimers	Whangarei (09) 438 7771 Dargaville 022 691 6068 Kerikeri (09) 407 3010 Kaitaia (09) 408 1123 northland@alzheimers.org.nz	Remote – Email Tele	Dementia support, GP referrals
Arthritis NZ	Freephone: 0800 663 463 info@arthritis.org.nz	Remote – Email Tele	Arthritis Support
Brain Injury Association Northland	Tele 09 459 5013 027 241 9191 (Vikki - leave message) Email: northland@brain-injury.org.nz or vikkih@brain-injury.org.nz	Remote – Email Tele	Support, information re brain injury
Blind Low Vision NZ (ex Blind Foundn)	Tele 0800 24 33 33 (call for details) Email GeneralEnquiries@blindlowvision.org.nz	Remote - Email Tele	Support for blind / low vision people Some services continue
CCS Disability Action	Tele 021 569 208 Email Renah.Hohaia@ccsDisabilityAction.org.nz Or Kylie.Elsbury-dawson@ccsdisabilityaction.org.nz Or txt Kylie on 0276950320	Remote – Email Tele	Support Issuing Mobility Parking Cards
Deaf Aotearoa	Glennis Wilinshaw – Whangarei and Mid/Far North Email: glennis.walkinshaw@deaf.org.nz	Remote, email or txt	Also to book an interpreter 0800934683 bookings@isign.co.nz Free Text 3359 Interpreter services skype can be done:

	Phone 09 437-2022 or txt 021 641 178		http://nzvis.co.nz/
Epilepsy NZ / Northland	Tele 09 438 5498, 027 291 6869, 0800 374 537 Email northland@epilepsy.org.nz Su Mei Li (SAM) Morgan Educator — Northland, Epilepsy New Zealand	Remote – Email Tele	Epilepsy support Sam works Monday to Friday 8.30am – 4.30pm
Huntington's	Email huntingtonsakld@xtra.co.nz Tele 0274328255 Jo Dysart	Remote – Email Tele	Huntington's support
MND	Tele 09 624 2148 027 202 8166 Email Sally.king@mnd.org.nz Sally King	Remote – Email Tele	Motor Neurone Disease support
MS Northland	Tele 021-1326925 Email nthlndms@xtra.co.nz Wende Quin	Remote – Email Tele	Multiple Sclerosis support Note: all home visits cancelled
Muscular Dystrophy	Tele 09 415 5682 021 704 227 (Rachel) Email info@mda.org.nz	Remote – Email Tele	Muscular Dystrophy support
NorthAble Matapuna Hauora	Tele: 09 430 0988 0508 637 200 021 373 133 Email: northable@northable.org.nz Des.Cawood@northable.org.nz Des Cawood	Remote – Email Tele (Des first)	NASC: Needs Assessment Service Coordination for people 0-64 with diagnosed intellectual, physical, sensory disabilities. DIAS – Personal information / support for anything re disabilities EQ+ Store – equipment for people with disabilities. Buy online or over phone (09 430 3469. Store closed. Note: all home visits cancelled. LYNKZ closed however online activities
Parent to Parent	Email donm@parent2parent.org.nz Tele 027 808 3942 Don Martin	Remote – Email Tele	Support services of SibSupportNZ, Altogether Autism, Care Matters Wilson Home Trust services supported
Parkinson's	Freephone: 0800 473 4636 Email: northland@parkinsons.org.nz Whangarei/North:	Remote – Email first	Parkinson's support

	vicki.sadgrove@parkinsons.org.nz Whangarei/South: barbara.leslie@parkinsons.org.nz www.parkinsons.org.nz		
Stroke Foundation	Whangarei: Freephone 0800 459 954 Geno - 027 459 9545 Email northland@stroke.org.nz Mid / Far North: Freephone 0800 566 383 Lynelle – 027 223 3843 Email far.north@stroke.org.nz	Remote – Email Tele	Stroke support
Tiaho Trust	Jonny Wilkinson Tele 027 2779333 Email jonny@tiaho.org.nz Leah Petersen (Mid/Far Nth DIAS Coordinator) Tele 0211211867 Email Leah@tiaho.org.nz Arlene Carter Tele 0212022706 Email arlene@tiaho.org.nz	Remote – Email Tele	Advocacy for anyone with a disability or whanau of disabled person. Advice on Services available – Monday – Wednesday