



**Age Concern Kaitaia and District & Tiaho Trust**  
***A ONE STOP INFORMATION EXPO FOR SENIORS and people with a disability***

Information will be available on the following topics:

- ✓ Health and Disability
- ✓ Safety
- ✓ Budgeting
- ✓ Home Support
- ✓ Support Services
- ✓ Fitness and Leisure
- ✓ Plus much more

Also:

- Door Prize
- Raffles
- Trading Tables

***Light lunch and refreshments available***

**Seniors' and Disability Expo**

**Wednesday  
2 October**

**2019**

**Te Ahu Centre  
Kaitaia**

**Open**

**10:00am –  
2:00pm**

**Everyone Welcome  
Donation Entry**

**Tiaho Trust:**

**Ph: 0800 430 3406**

**Age Concern Kaitaia &  
District Ph:(09) 408 2997**