

## Stroke Foundation of New Zealand

The Stroke Foundation provides information and support to people with a stroke, their family/whanau and caregivers.



### Services Provided

The services provided by the Stroke Foundation and its various support groups, compliment each other and follow on from where the health services leave off.

Our purpose is to help people who have had a stroke to improve their quality of life.

We provide information, support and advocacy through our Community Stroke Advisor, and stroke support clubs that assist the stroke-affected community.

We also provide information through literature, videos and our freephone helpline to the general public.

We work with the stroke survivor; their family/whanau and caregivers, health professionals, volunteers and others who will help promote the wellbeing of the person who has had a stroke.

The general focus is on rehabilitating the stroke survivor back into the community. It is also to help the person with a stroke, their family/whanau and caregivers, understand a stroke and adjust to their considerably changed circumstances following a stroke.

Our Community Stroke Advisor is available to discuss any stroke related problems, make hospital visits, home visits, advise on services available in the community and liaise with Stroke Clubs.

We have a Stroke Club in Whangarei meeting every 3<sup>rd</sup> Wednesday at the Kamo Club, a hydro therapy session in Whangarei on Tuesday's from 12noon until 1pm and a Stroke Support Group in Dargaville.

Please contact our Community Stroke Advisor for further information about these groups or to book in for the hydro therapy session. You can also visit [www.tiaho.org.nz/about/events](http://www.tiaho.org.nz/about/events) to view dates of these support groups.

### Contact Details

**Whangarei**

**Postal**  
C/- Alzheimer's  
148 Corks Road  
Whangarei.

**Telephone:**  
0800 459 954

**Email Address:**  
[northland@stroke.org.nz](mailto:northland@stroke.org.nz)

**Website Address:**  
[tiaho.org.nz/stroke](http://tiaho.org.nz/stroke)  
[stroke.org.nz](http://stroke.org.nz)

### Other Offices

**Field Office Mid/Far North**

**Freephone:**  
0800 566 383  
**Email address**  
[far.north@stroke.org.nz](mailto:far.north@stroke.org.nz)



Linking disability information to people  
and families in Northland  
[tiaho.org.nz](http://tiaho.org.nz)