

## Parent to Parent Northland



Parent to Parent is a support and information network supporting parents and whanau of children with a disability, health impairment and Disorders such as ASD (Autism) ADHD, Epilepsy and many more.

### Services Provided

**Support** is provided by putting parents in contact with volunteer Support Parents with a similar personal experience, who understand the challenges that can come from parenting a child with special needs. International “matches” is offered when a condition is so rare that a match with a similar family cannot be made within New Zealand. Northlands **Coffee group** offers support for parents needing face to face support, held monthly.

**Information** packs on more than 3600 different health conditions, disabilities and disorders are available; an example request for information could be “Tell me about Rett Syndrome or Global developmental delay. Seminars and training workshops, and advocacy services are also available.

**Our Parent to Parent Sibling Support program** supports the needs of siblings dealing with a brother or sister with a disability or disorder. Siblings develop their own support network, through sharing and making friends with others who understand. Northland runs a very proactive Sib programme and activities which runs two monthly, visit Parent to Parents face book page for more information [northland@parent2parent.org.nz](mailto:northland@parent2parent.org.nz)

**Altogether Autism** is a support service provided through Parent to Parent and is for people with ASD (Autism), their families, whanau and the wider NZ community.

We provide evidence based information and clinical advice through a clinical psychologist and team of experts and maintain a database of service providers to help you link with services and information. An example of an information pack request is “What does Autism look like” how do I get my child assessed? How to teach a child effectively with Autism? How do I manage there behavior? Can give me information to help with sleep issues for my child?

### Contact Details

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