

# Blind Low Vision NZ



## Who we help

We support people with no or limited useful sight that makes doing day-to-day tasks a challenge, even with the best corrective lenses. Approximately three quarters of the people we work with have some vision (which we call low vision), and the remainder are blind.

Many people we support have one or more of the four most common eye diseases causing blindness and partial sight in New Zealand: Age-related macular degeneration (AMD), diabetic retinopathy, glaucoma and cataracts. In fact, one third of the people Blind Low Vision NZ helps has macular disease. However, no two people's sight is the same so we work closely with you to find the best solution depending on what your needs are.

## How we can help

We are New Zealand's leading provider of vision rehabilitation, providing practical and emotional support for people with vision loss.

Our vision rehabilitation services are personalised to meet your individual needs and goals, however big or small.

To become a client, you

need to register for our services. Once you're set up, you'll be able to access a wide range of support.

Registration can be done online <https://blindlowvision.org.nz/contact/access-services/> or by calling **0800 24 33 33**

## Whangarei Office hours:

Each week we are open Monday, Tuesday, Thursday and Friday 9.00am to 2.00pm. Phone us on 09 437 1194 or 0800 24 33 33.

## Blind Foundation Support Groups

### Kaitia

Christina Hayes

09 4080 176

## Contact Details

### Physical Address:

277 Kamo Road  
Whangarei

### Telephone:

09 437 1199

### Freephone:

0800 243 333

### Email Address:

info@blindlowvision.org.  
nz

### Website Address:

Blindlowvision.org.nz

The 2nd Friday of the month  
1pm – 3pm at the Te Ahu Centre

### **Kerikeri**

Blanche Davidson

ph 09 2816 505

The 3rd Thursday of the month

1pm – 3pm

The Herb Murray Room at Kerikeri Retirement Village

### **Whangarei**

Dorette Clements

Ph 09 437 7758

The 1st Thursday of every month

RSA Building, 16 Hannah Street in the downstairs meeting room

1pm-3pm

### **Dargaville**

Fay McCarthy

Ph 09 972 8951

The last Monday of each month

10am – 12pm

The Anglican Church Hall, 58 Hokianga Road