

# PURPLE DAY

- for epilepsy.

26<sup>th</sup> March

Purple Day is a grassroots effort dedicated to increasing awareness about epilepsy around the globe. People around the world are asked to wear purple and to spread the word about epilepsy.

This year, we hope **every day during March** will be **Purple Day**.

## DID YOU KNOW



Epilepsy is the world's most common brain disorder



10% of New Zealanders will have a seizure during their lifetime, while 1-2% will be diagnosed with epilepsy



Anyone at any age can be diagnosed with epilepsy.



Epilepsy New Zealand has been providing vital support and training for over 60 years

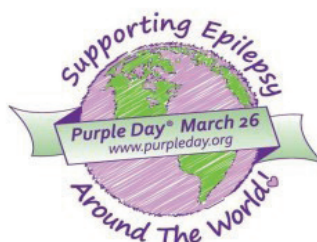
# HEROES WANTED!

SIMPLY ORGANISE A LOCAL AWARENESS EVENT DURING MARCH & HELP RAISE AWARENESS FOR EPILEPSY.

THIS COULD BE A MUFTI DAY OR FACE PAINTING AT SCHOOL, A MORNING TEA AT WORK, OR EVEN AN EVENING WITH YOUR LOCAL CLUB OR COMMUNITY GROUP - THE SKY'S THE LIMIT!



**EPILEPSY NEW ZEALAND®**  
THE NATIONAL EPILEPSY ASSOCIATION OF NEW ZEALAND  
*kia titiro ki te tangata - see the person*



Register online: [www.epilepsy.org.nz](http://www.epilepsy.org.nz) or Call: 0800 EPILEPSY (374 537)